

Bay City, Flint, Mt Pleasant Owosso, Sheridan

Friday, April 27th

Michigan Organization
of Diabetes Educators

2007 Spring Conference

DIABETES: RESEARCH TO REALITY

A PATIENT FOCUSED APPROACH

Sponsor: MODE

Location: Holiday Inn Gateway Centre - Flint

For More Information: SAVE THE DATE

Watch for detailed information soon!!

[http://www.diabetesinmichigan.org/Eventdisp.asp?](http://www.diabetesinmichigan.org/Eventdisp.asp?Don=ECDON&EType=1)

Don=ECDON&EType=1

SAVE THESE DATES!

Sunday, May 6th

Time: 11:00 AM -

FLINT KIDNEY WALK

Lace up your shoes for the next FLINT KIDNEY WALK.....money raised through the walks supports NKFM programs and services in YOUR community. Check out our new website @ www.firstgivings.com/nkfm and the exciting techniques guaranteed to help you be successful in your fundraising goals.

Location: Pierson Road YMCA

Cost: No cost to attend and participate in the walk and fun activities of the day.

[http://www.diabetesinmichigan.org/Eventdisp.asp?](http://www.diabetesinmichigan.org/Eventdisp.asp?Don=ECDON&EType=1)

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For More Information contact: Kathy Streng

810-232-0522 kstreng@nkfm.org

Bay City & Flint

McLaren Regional Medical Center

Bay City Employees:

Call (989) 894-3936

for class info

Flint Employees:

Call (810) 342-5353

for class info

Healthwise University

Community Education

<http://www.irmc.org/body.cfm?id=7&action=detail&ref=41>

Mt. Pleasant

MidMichigan Health Park

4851 East Pickard St

Check for Aquatic Exercise &

Pilates Exercise Classes

<http://www.midmichigan.org/>

MidMichigan

Health Line

1 (800) 999-3199

www.midmichigan.org

MidMichigan

Health Education

Classes

Owosso

FREE lectures, support
groups, wellness events, PACE
exercise, health screenings

Memorial Healthcare

(Check event info for locations)

www.memorialhealthcare.org

<http://www.memorialhealthcare.org/calendar/calendar.asp>



Sheridan

Diabetes Support Group

Wednesday, March 7th

(First Wednesday of every month)

1:30-2:30 pm

Bring along a family member or friend.

For more information, email Kim Christensen

at kimc@sheridanhospital.com

or call 989-291-3261, ext. 240

<http://www.sheridanhospital.com/>

Hurley Health & Fitness Center

Check for fitness opportunities